GST Road, Chinnakolambakkam, Madhuranthagam, Tamilnadu -603308

Ph.no: 044-27598484/27565195; Fax: 044-27565170; E-mail:kims.medical@yahoo.com; Website: www.kveg.in.

#### CAPABILITY ENHANCEMENT AND DEVELOPMENT SCHEMES

#### **Personal Counselling:**

Personal Counselling helps the students to improve the interpersonal relationship, level of confidence and decision-making capability in emotional situations, that helps them in maintaining physical and mental well-being.

We have mentor-ship program, through which students are counselled regularly at primary level. In – house faculty from the Department of Psychiatry counsel the students, when and where needed.





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### **YOGA AND MEDITATION:**

Yoga helps to improve the strength and endurance and Meditation helps to maintain inner peace of mind.

Dr Sumitra, Assistant Professor Department of Physiology is the co-ordinator for all the yoga activities like, Yoga Day Celebration and regular Yoga sessions.





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### CAREER COUNSELING: PG NEET COACHING AND COMPETITIVE EXAM TRAINING

KIMS & RC regularly conducts Career Guidance and Counselling programs by inviting speakers from reputed PG NEET coaching Institutes, with the help of Placement cell.



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#### LANGUAGE AND COMMUNICATION.

KIMS & RC plays a vital role in overall development of the students during the stay in the campus. Students from outside State are given small sessions on basics of Tamil language, which helps them during history taking and clinical examination of the patient.

Similarly, students coming from Tamil Medium school are given English fluency coaching to improve their academic performance, especially in viva and practical examinations.



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#### **LEADERSHIP SKILLS:**

To bring up an Indian Medical Graduate, where Leadership is one of the essential attributes is well taken care by KIMS & RC. Institute conducts value added courses as well as small sessions on leadership skills, with the experts.



#### PERSONALITY DEVELOPMENT:

Personality development sessions conducted by KIMS & RC helps the students to groom outer and inner self to bring up a positive change/attitude.

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Dr Armugnathan (Assistant Professor Department of Psychiatry) is the co-ordinator for the program.





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Employability skills and enhancement





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